

Hi, there. It's Mark Renneson from Pickleball Coaching International. Thank you for your purchase of these lesson plans. This is all about singles pickleball. Singles pickleball. I love singles pickleball. I think personally, there's not enough singles out there. It's a really fun way to experience pickleball. There are some similarities in terms of tactics and technique compared to doubles, but there's also some really important differences. I find a lot of times people don't play singles because they're a little uncertain of those similarities and differences. They don't really quite know where to get started. They're sometimes worried about how much court they're going to have to cover. These three lesson plans are sequential. You should use them in order, starting with intermediate singles one and then two and then three.

Okay. Lesson plan number one for intermediate singles here. This is really about the beginning of the point. At the beginning of the point, the return of serve, specifically in singles, is a little bit different than the return of serve in doubles. In doubles, you're really trying to set yourselves up so your opponents can't do a lot of damage. Whereas in singles, there's an offensive opportunity when you hit that return of serve and you better use it. This lesson plan helps players to understand what that advantage is, how to use it well, and how to take advantage when you do hit a good return of serve. That's lesson plan number one. It's a real focus on common movement patterns in the return of serve.

Okay. Lesson plan number two, this is about really developing the point and also thinking a little bit about the third shot. If lesson plan number one is really about the return of serve, lesson plan number two, we really think a little bit more about that third shot. What are we trying to do when we hit that third shot and how might the serve that we use help us to do that? Okay. Again, the tactics are quite different in singles than they are in doubles, at least in this respect when it comes to the third shot. I think you're really going to like this one.

Lesson plan number three, again, builds on the previous lesson plans here. We talk a little bit more about what we do when we're hitting that third shot if we're in a bad position, if our opponents have hit a great return. How do we respond to this and where do we move afterwards? Again, these tie in one another so if you're ever running a series of private lessons or a series of group lessons on singles pickleball, you are going to love these. Thanks again for your purchase. I'd love to know, did these help? What did you think about them? Feel free as always to send me an email info@pickleballcoachinginternational.com.